



Westerley Cycling Club

Start Sheet – 10 Mile Open Time Trial – Sunday 9th May 2021
(For and on behalf of Cycling Time Trials under their Rules and Regulations)

Event Organiser

Gary martin 07826505439

Timekeepers

Don Ashton
Roger Woolsey

Prizes

Mens

1st £20 2nd 15

Womens

1st 20 2nd £15

Team of 3

£5 each

Headquarters – (open from 6:30am)

Liston Hall, Chapel St Marlow SL7 1DD

Signing on sheet and numbers will be at the HQ car park and please bring your own PINS

Please allow at least 10-15 minutes to get to the start from the HQ.

The start is over the A404 Rab in Marlow Rd

Safety

Negotiating Roundabouts – Give priority to traffic from your right

Signal clearly to other road users the course you intend to take

Safety is the first priority – not your performance

Protective Helmets: All competitors under the age of 18 years must wear a HARD SHELL HELMET that meets an international accepted safety standard.

The CTT National Committee recommends that all competitors wear such a type of protective helmet in all events, although this is not Compulsory.

: Under Ctt regulations a rear flashing LED is required otherwise no ride

Please note that there will be no direction or marker signs on the A404.

District Regulations applicable to all events

Restriction of Parking at the Start and Finish

LWDC 4 No vehicles, except those of the timekeepers', shall be parked at the start or finish and no warming up near the start.

Reporting of breaches of Local Regulations

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District Secretary.